



YOUR GROUP PASSCODE:

IUOE138

IUOE Local 138 Welfare Fund has included SwiftMD in your benefits package. **No co-pays or cost to you!**

SwiftMD treats many common, routine illnesses and injuries, including sinus infections, allergies and rashes, insect bites and stings, headache, fever and flu, joint and back pain, stomach pain, and urinary tract infections. For more information visit www.SwiftMD.com.

Some of the benefits of SwiftMD:

- » Consults with U.S. Board-Certified doctors via phone or video conference 24/7
- » Access to a doctor anytime, anywhere—from home, work, or on the road
- » Diagnosis and treatment for many common, non-emergency medical conditions
- » Prescriptions called in when appropriate
- » Online Personal Health Record for SwiftMD visits
- » Online treatment guidelines for 30+ common conditions
- » A way to avoid unnecessary visits to the ER and long waits for doctor appointments
- » **NO CO-PAYS and NO COST TO YOU**

With SwiftMD,
you can
schedule a
telemedicine
consult with
a doctor 24/7
online at
mySwiftMD.com
or by calling
toll free
877-999-7943

Conditions routinely treated by SwiftMD:

- » Ankle pain
- » Arthritis pain
- » Back pain
- » Earache
- » Fever and flu
- » Headache
- » Insect bites and stings
- » Knee pain
- » Lyme disease
- » Minor soft tissue trauma
- » Nasal or respiratory congestion
- » Pink eye
- » Prescriptions when appropriate
- » Rashes and allergies
- » Shoulder pain
- » Sore throat
- » Upper respiratory infections
- » Upset stomach
- » Urinary tract infections
- » Vomiting
- » Yeast infections
- » Your individual medical concerns

More information about your SwiftMD membership

Request a consultation 24/7 at **no cost to you** simply by calling toll free 877-999-7943

To access your membership online (optional):

- » Go to www.mySwiftMD.com and click "Activate Your Account"
- » Click "No" to the username and password question
- » Click "Yes" to "Did you receive a Group Passcode?"
- » Enter Group Passcode: **IUOE138**, name, birth date and email address
- » SwiftMD will email your username and password; be sure to log on to complete activation
- » Take a few minutes to enter your Medical History
- » After consulting with a SwiftMD doctor, you can view and print the visit notes from your Personal Health Record to share with family and other providers
- » Each adult family member can use this process to obtain a username and password to log on at mySwiftMD.com



| 877-999-7943

| mySwiftMD.com

SwiftMD Physicians

SwiftMD Physicians are emergency medicine and family practice doctors, expert in dealing with a range of common medical conditions. From the information you provide, SwiftMD doctors can diagnose many illnesses and injuries, order prescriptions, make appropriate referrals to specialists, and know immediately if you need to be referred to in-person emergency care.

Family Members

Each adult family member (age 18 and older) enrolled in SwiftMD will have an individual profile with a unique SwiftMD username and password. Parents or guardians are required to oversee the telemedicine consultations of dependents under the age of 18.

Your Privacy

All SwiftMD systems and processes are HIPAA-compliant. Your SwiftMD Personal Health Record is maintained on secure servers, and encryption technology is used to protect your personal information during transmission. SwiftMD is committed to protecting the privacy, security, and integrity of individually identifiable health information received on behalf of our members. You should also protect your privacy by safeguarding your username and password, utilizing SwiftMD services from a private location, and avoiding emailing personal health information to SwiftMD.

SwiftMD Terms of Use

The SwiftMD Terms of Use and other policies are posted online at www.mySwiftMD.com for your reference. It is your responsibility to familiarize yourself with these policies before using the SwiftMD service.